

FAQ'S

WHAT HAPPENS BEFORE A PROCEDURE?

Prior to treatment you will be invited in for a complimentary consultation to discuss your priority, the procedure, an explanation of how it works and discuss a suitable treatment plan.

HOW LONG IS RECOVERY FOR NON-SURGICAL LIPOSUCTION?

A non-invasive cosmetic procedure with ProMax Lipo means there is no down time and normal day-to-day activities can be resumed immediately.

HOW LONG IS EACH TREATMENT?

This safe and effective procedure takes **20-60 minutes** and is suitable for Face/Neck and or Body treatments on areas such as the abdomen, thighs, arms, and buttocks.

HOW MANY SESSIONS DO I NEED?

We recommend a course of **6-8 treatments** on small body areas and between **6-12 treatments** for a restructured and tightened appearance to large body areas. The results to your weight and skin should appear to be visible in days. And **6-8 treatments** on the face/neck.

ARE THERE ANY SIDE EFFECTS?

The treatment area may be red and slightly tender following treatment. This should subside quickly, within 24 hours. Those undergoing fat loss treatment may experience an increased need to urinate. This is completely normal, and is the result of triglycerides, from disrupted fat cells, being metabolised.

WILL PROMAX LIPO IMPROVE THE APPEARANCE OF CELLULITE?

Cellulite treatments are not considered to be permanent as there is currently no recognised cure for cellulite. ProMax Lipo will however, improve the appearance of cellulite over a long-lasting period. Best results are achieved by following a full course of treatment, followed by maintenance ProMax Lipo sessions.

What should I expect after treatment?

The treated area may be pink for a short time after treatment, but this will subside quickly. Normal activities can be resumed immediately. As a result of some of the triglycerides being metabolised by passing into the urinary system it is also quite normal to experience an increased need to go to the toilet.

In fact, it is recommended that patients drink increased quantities of water for a short period of time after the treatments to encourage and enhance this particular removal process for the fat cells. Immediately after treatment, contraction of collagen fibres improves skin elasticity and the skin should appear firmer.

How does the Lynton ProMax Lipo work?

The ProMax Lipo utilises not just one but three different technologies to target a range of concerns. Ultrasound Cavitation is a process where sound waves affect the permeability of fat cells, allowing fat to escape and be metabolised by the body.

This gives instant inch-loss as well as a long-term reduction in the really stubborn areas of fat that are typically resistant to exercise, such as the abdomen or outer thigh.

Safe and effective Radio Frequency energy is applied to the skin causing gentle heating. For the treatment of cellulite, the deepest layers of the skin are heated to a temperature which increases local blood circulation. Vacuum Massage then encourages drainage of fatty deposits into the lymphatic system, promotes the breakdown of fibrous tissue and leads to a reduction in the volume in fat cells. During skin tightening procedures, the heating action accelerates collagen production and leads to a contraction of collagen fibres and a restructuring and tightening the skin. Particularly good results are seen on post pregnancy 'lax' skin and facial skin tightening.

HOW DOES RADIO FREQUENCY THERAPY WORK?

Radiofrequency (RF) therapy, also known as radio frequency skin tightening, is a non-surgical, non-invasive method of tightening your skin. With the aging process, elastin proteins and collagen begin to wear down, which causes wrinkles, fine lines as well as a sagging skin.

RF sends radio waves to selectively target and heat the deep layer of your skin which stimulates the fibroblast cells to contract and produce new elastin and collagen fibres. RF acts as a vacuum massage which is also clinically proven to decrease cellulite's appearance. The result is a smoother, younger looking and tighter skin.

- **WHAT AREAS CAN BE TREATED WITH RADIO FREQUENCY?**

- Tummy
- Chin
- Arms
- Moobs (male breasts)
- Thighs
- Hips
- Arms
- Buttocks
- Love Handles
- Bingo Wings
- Turkey Neck